

CERTIFICATE

OF PARTICIPATION

This is to certify that

Ngwako Mphaso

Has successfully participated & completed the

10km CDM 4-in-1 2019

held at Polokwane Rugby Fields.

TIME 01:10:04

PACE 07:00/km

OVERALL 131 of 433

GENDER 96 of 198

SENIOR (20- 50 of 92

39)

16 February 2019, Sat

Date

BoutTime

Signature